



Pool Schedule January 3-February 25, 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:00 am Adult Lap Swim 6 lap lanes	5:00-8:00 am Adult Lap Swim 6 lap lanes	5:00-8:00 am Adult Lap Swim 6 lap lanes	5:00-8:00 am Adult Lap Swim 6 lap lanes	5:00-8:00 am Adult Lap Swim 6 lap lanes	7:00-8:00 am Adult Lap Swim 6 lap lanes	12:00-1:00 pm Adult Lap Swim 6 lap lanes
8:15-9:00 am AquaExercise 2 lap lanes	8:15-9:00 am AquaJogging 1 lap lane	8:15-9:00 am AquaExercise 2 lap lanes	8:15-9:00 am AquaJogging 1 lap lane	8:15-9:00 am AquaExercise 2 lap lanes	8:00-9:00 am Adult Lap Swim/Diving 3 lap lanes	1:00-4:30 pm Open Swim 2 lap lanes
9:00 am - 12:00 pm Open Swim & Laps 2 lap lanes	9:00 am - 12:00 pm Open Swim, Y Children's Center, Going for Gold & Laps 2 lap lanes	9:00 am - 12:00 pm Open Swim & Laps 2 lap lanes	9:00 am - 12:00 pm Open Swim, Y Children's Center, Going for Gold & Laps 2 lap lanes	9:00 am - 10:30 am Open Swim, Y Children's Center, & Laps 2 lap lanes	9:00-10:00 am Diving & Open Swim* 2 lap lanes	
12:00-1:00 pm Adult Lap Swim 6 lap lanes	12:00-1:00 pm Adult Lap Swim 6 lap lanes	12:00-1:00 pm Adult Lap Swim 6 lap lanes	12:00-1:00 pm Adult Lap Swim 6 lap lanes	10:30 am - 12:00 pm Open Swim & Laps 2 lap lanes	10:00-10:45 am Lessons	
1:00-2:00 pm Open Swim & Laps 2 lap lanes	1:00-5:00 pm Open Swim & Laps 2 lap lanes	1:00-2:00 pm Open Swim & Laps 2 lap lanes	1:00-4:00 pm Open Swim & Laps 2 lap lanes	12:00-1:00 pm Adult Lap Swim 6 lap lanes	10:45 am-4:30 pm Open Swim 2 lap lanes	
2:00-3:00 pm Wet Workout 2 lap lanes	5:00-6:00 pm Wet Workout 2 lap lanes	2:00-3:00 pm Wet Workout 2 lap lanes	4:00-5:00 pm Diving & Open Swim* 2 lap lanes	1:00-4:00 pm Open Swim & Laps 2 lap lanes		
3:00-5:00 pm Open Swim & Laps 2 lap lanes	6:00-6:45 pm Lessons	3:00-4:45 pm Open Swim & Laps 2 lap lanes	5:00-6:00 pm Wet Workout & Diving 2 lap lanes	4:00-4:30 pm Diving & Open Swim* 2 lap lanes		
5:00-5:30 pm Diving & Open Swim* 2 lap lanes	6:45 - 8:00 pm Bluefin Practice	4:45-5:30 pm Lessons & Diving	6:00-6:45 pm Open Swim & Laps 2 lap lanes	4:30-6:30 pm Bluefin Practice		
5:30-6:30 pm Aquaerobics & Diving 2 lap lanes	8:00-8:30 pm Open Swim & Laps 2 lap lanes	5:30-6:30 pm Aqua Kickboxing & Diving 2 lap lanes	6:45-8:00 pm Bluefin Practice	6:30-8:30 pm Open Swim 2 lap lanes		
6:30-8:30 pm Open Swim & Laps 2 lap lanes		6:30-7:30 pm Bluefin Practice	8:00-8:30 pm Open Swim & Laps 2 lap lanes			
		7:30 - 8:30 pm Open Swim*, Water Polo & Laps				

Adult lap swim is only for those 14 years or older or members of the Advanced Bluefins. If a lap lane is available you may need to share it with another swimmer.

For the safety of our children a child must be 8 years old to use either of our pools alone. All children under 8 must be accompanied by an adult.

The YMCA reserves the right to change this schedule without prior notice.

* Only shallow end and tot pool are available during these open swim times