



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

### New Tier 3 mitigations to take effect Friday, November 20, 2020

- Masks will be required at all times at the YMCA, including while engaged in exercise regardless of person or machine spacing.
- Reservations will be required for using any area of the facility. Pickle ball will need to reserve at the front desk. All other areas, please reserve online at [www.freeportymca.org](http://www.freeportymca.org).
- Racquetball and pickleball must play singles only.
- No family swim time.
- Group exercise classes will be suspended until further notice. We are working to expand our virtual offerings. More information to come.

### What's not changing:

- Facility hours: Mon-Thu: 5am-8pm. Fri: 5am-7pm. Sat: 7am-3pm, Sun: 9am-1pm.
- Limited locker room availability.
- Maximum of 3 pool reservations per week Please call the front desk, the day of, if additional time slots are available once max is reached.
- 15 and under must have adult supervision.
- Shower will be available for pool participants.
- Water fountains are temporarily turned off. Bottle filler open. Please bring your own water bottle
- Coffee service will not be available.
- Facility will be for YMCA of Northwest Illinois members only. No guest passes accepted or for purchase. No nation wide members.
- Pool is limited to one person per lane.
- Child watch is not available at this time

Any questions, please call the YMCA at 815-235-9622